

Date: _____

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TMEC Module 2: Perception of Harm Quiz

Circle the correct answer for each question.

1. What does “most” mean when you think of a percentage?
 - A. Less than 25%
 - B. More than 25%
 - C. Less than 50%
 - D. More than 50%

2. T/F: Most teens in the United States use marijuana.
 - A. True
 - B. False

3. T/F: Most teens in the United States vape.
 - A. True
 - B. False

4. Research shows that as teen perception of harm goes down...
 - A. Teen use goes down
 - B. Teen use goes up
 - C. Teen use doesn't change
 - D. Teen use stops completely

5. According to research, which of the following is the #1 influence on teens?
 - A. Music
 - B. Friends
 - C. Parents/Guardians
 - D. Social Media

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TMEC Module 3: Tobacco History & Media Literacy Quiz

Circle the correct answer for each question.

1. What is one strategy tobacco companies may use to increase use of their products?
 - A. Lower the perception of harm
 - B. Increase the cost of cigarettes
 - C. Make tobacco products harder to buy
 - D. Advertise evidence of harms to health
2. T/F: Social normalization can be described as behavior that a group or society considers to be acceptable or “okay.”
 - A. True
 - B. False
3. According to the Centers for Disease Control and Prevention, what is the leading preventable cause of death in the United States?
 - A. Overdose
 - B. Tobacco use
 - C. Gun deaths
 - D. Vehicle crashes
4. T/F: Research on the health harms of smoking has not changed in the last fifty years.
 - A. True
 - B. False
5. T/F: Subliminal advertising uses images and sounds, that the conscious mind is not aware of, to make customers attracted to a product.
 - A. True
 - B. False

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TMEC Module 4: Is Marijuana a Medicine? Quiz

Circle the correct answer for each question.

1. Why is marijuana not approved as a prescription medicine?
 - A. The FDA has determined there is no medical evidence to support its use
 - B. Doctors cannot prescribe it
 - C. Pharmacies cannot dispense it
 - D. All of the above
2. T/F: Cigarettes, cocaine, and heroin used to be marketed as medicines?
 - A. True
 - B. False
3. Which product is federally classified as containing 0.3% THC or less?
 - A. Marijuana
 - B. Hemp
 - C. Medicines
 - D. All of the above
4. T/F: Medicines are made from the components of the cannabis plant, not the whole plant.
 - A. True
 - B. False
5. Has the US Surgeon General released a newer marijuana advisory since the one in 1982?
 - A. Yes, in 1993
 - B. Yes, in 2001
 - C. No, there has not been a marijuana advisory since 1982
 - D. Yes, in 2019

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TMEC Module 5: CBD, THC, & Hash Oil Quiz

Circle the correct answer for each question.

1. Which of the following statements is true?
 - A. CBD is the psychoactive component of marijuana that causes the intoxication high
 - B. THC is the psychoactive component of marijuana that causes the intoxication high
 - C. Neither CBD or THC causes the intoxication high
 - D. There is no difference between CBD and THC

2. T/F: THC has been detected in products marketed as “THC Free” or “Zero THC”.
 - A. True
 - B. False

3. T/F: With use of CBD products, it is possible to fail a drug test.
 - A. True
 - B. False

4. What is the difference between natural marijuana and manipulated marijuana?
 - A. Natural marijuana has a 1:1 ratio of THC to CBD
 - B. Manipulated marijuana has a significant gap between THC and CBD
 - C. Natural marijuana has little to no intoxication effects, unlike manipulated marijuana
 - D. All of the above

5. What are some risks of using butane to manipulate THC levels in marijuana?
 - A. Explosions
 - B. House fires
 - C. Burn injuries or death
 - D. All of the above

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TMEC Module 6: Vaping & E-Cigarettes Quiz

Circle the correct answer for each question.

1. T/F: When using an e-cigarette, the user inhales a vapor.
 - A. True
 - B. False
2. Approximately how many cigarettes is equal to one Juul pod?
 - A. 20 cigarettes
 - B. 41 cigarettes
 - C. 67 cigarettes
 - D. 90 cigarettes
3. Which of the following harmful chemicals can be found in e-cigarette aerosol?
 - A. Anti-Freeze
 - B. Formaldehyde
 - C. Nicotine
 - D. All of the above
4. What do U.S. teens report they are vaping?
 - A. Nicotine
 - B. THC
 - C. Flavors
 - D. All of the above
5. Studies show that the air quality at an e-cigarette/vaping event can be...
 - A. Within the healthy range
 - B. Healthier than when outdoor sports are canceled by schools
 - C. Very unhealthy
 - D. None of the above

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TMEC Module 7: Health Consequences: Part 1 Quiz

Circle the correct answer for each question.

1. T/F: Vaping nicotine may lead to a higher chance of developing gum disease and tooth loss.
 - A. True
 - B. False
2. How can e-cigarette use affect the body?
 - A. Lung Injury
 - B. Increased risk of cardiovascular disease
 - C. Irritation of the eyes, ears, and throat
 - D. All of the above
3. T/F: In January of 2020, the FDA banned most flavors that appeal to youth, including fruit and mint flavors.
 - A. True
 - B. False
4. T/F: Marijuana smoke shares many of the same harmful components as tobacco smoke.
 - A. True
 - B. False
5. Which of the following is a cancer-causing agent found in both tobacco and marijuana smoke?
 - A. Cyanide
 - B. Arsenic
 - C. Formaldehyde
 - D. All of the above

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TMEC Module 8: Health Consequences: Part 2 Quiz

Circle the correct answer for each question.

1. How can marijuana use impact the body?
 - A. Increases heartbeat
 - B. Increases long-term cognitive abilities
 - C. Increases likelihood of graduating high school or college
 - D. Increases IQ

2. What is a symptom of cannabinoid hyperemesis?
 - A. Severe nausea
 - B. Vomiting
 - C. Abdominal pain
 - D. All of the above

3. T/F: An overdose is an injury or poisoning of the body that occurs when a drug is taken in excessive amounts.
 - A. True
 - B. False

4. How does marijuana use impact mental health?
 - A. Increased risk of depression
 - B. Greater risk to attempt suicide
 - C. Increased risk of schizophrenia diagnosis
 - D. All of the above

5. T/F: Ingesting/eating marijuana edibles causes a person to become intoxicated within a few seconds.
 - A. True
 - B. False

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TMEC Module 9: Drug Intoxication Quiz

Circle the correct answer for each question.

1. T/F: Drugs can change the way you think, feel, and move.
 - A. True
 - B. False

2. Which of the following is a symptom of alcohol impairment?
 - A. Impaired vision
 - B. Poor balance
 - C. Slow reactions
 - D. All of the above

3. T/F: Alcohol is a stimulant, which means it speeds up signals from the brain.
 - A. True
 - B. False

4. Which of the following is true regarding marijuana impairment?
 - A. The brain works better than usual when impaired by marijuana.
 - B. Marijuana negatively affects executive function.
 - C. Marijuana helps you process information more quickly.
 - D. None of the above

5. T/F: A synapse is a microscopic gap, a connection between nerves, where neurotransmitters travel from one side to another to send a signal.
 - A. True
 - B. False

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TMEC Module 10: Impaired Driving Quiz

Circle the correct answer for each question.

1. Which of the following statements is true regarding drugs and impaired driving?
 - A. Drugs are any substance that, when taken into the body, can impair the ability of a person to safely operate a vehicle.
 - B. Only illegal substances are considered drugs.
 - C. Alcohol is not considered a drug.
 - D. None of the above
2. T/F: Polydrug impairment refers to a situation where an individual is under the influence of two or more impairing substances.
 - A. True
 - B. False
3. The three most common drugs in crash-involved drivers are _____, _____, and _____.
 - A. Alcohol, opiates, and cocaine
 - B. Alcohol, marijuana, and prescription drugs/opiates
 - C. Marijuana, LSD, and alcohol
 - D. Prescription drugs/opiates, marijuana, and methamphetamine
4. Perception Reaction Time (or PRT) is the time it takes to begin an action to avoid a threat. How long is PRT when driving under normal conditions?
 - A. About 0.5 seconds
 - B. About 1 second
 - C. About 1.5 seconds
 - D. About 3 seconds
5. Which of the following is a way that marijuana use may impair driving?
 - A. Slows reaction time
 - B. Increases likelihood of speeding
 - C. Lane weaving
 - D. All of the above

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TMEC Module 11: Refusal Skills Quiz

Circle the correct answer for each question.

1. Which of the following is a positive way to deal with stress?
 - A. Exercise
 - B. Listen to music
 - C. Spend time with supportive friends or family
 - D. All of the above
2. Which refusal skill are you practicing if you say, "I don't want to" over and over?
 - A. Lather, rinse, repeat
 - B. Make an excuse
 - C. Have a backup plan
 - D. Give a better idea
3. What might the refusal skill "Give a better idea" sound like?
 - A. "No thanks."
 - B. "I feel sick and need to use the bathroom."
 - C. "Let's play video games instead of going to the party."
 - D. "Marijuana is the second most common drug in crash-involved drivers."
4. T/F: You can call 911 if you are in the car with an impaired driver.
 - A. True
 - B. False
5. Which refusal skill are you practicing if you skip a party where you know there will be alcohol or drugs?
 - A. Share how you feel
 - B. Avoid the situation
 - C. Turn pressure around
 - D. Just the facts